

# U.S. BLACK BELT CENTER

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## Promotion Requirements

### Questions for **Blue Belt**

(All answers must be completed with Sir!)

- 1: Q: Who is your best friend? Why?  
A. A book and pencil, Sir! If we want to be strong and good we must have a good education, Sir!
- 2: Q: How much do you love yourself?  
A. More than anything in the world, Sir!
- 3: Q: What does Tae Kwon Do mean to you?  
A. It is a way of life and a way of self-improvement, Sir!
- 4: Q: What do you think is the most important thing in Tae Kwon Do?  
A. Spirit, Sir! It is because the spirit is what motivates the body and mind, Sir!
- 5: Q: What is Home Rule number six? (Children only)  
6. Children will not interrupt adult conversation, Sir!